

# Natalie Cordero

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## School Nurse

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- *Compassionate and resourceful Registered Nurse with 7+ years of pediatric and community health experience transitioning into school nursing, bringing a proven ability to serve as the sole healthcare provider for large, diverse student populations while collaborating with teachers, administrators, and families*
- *Skilled in autonomous clinical decision-making, chronic disease management for school-age children (asthma, diabetes, severe allergies), and translating complex medical information into age-appropriate health education for students and non-medical staff*
- *Demonstrated expertise in conducting large-scale health screenings (vision, hearing, BMI) for 600+ students annually, developing individualized healthcare plans aligned with IEP/504 requirements, and ensuring compliance with FERPA, HIPAA, and IDEA regulations in educational settings*
- *Recognized for building culturally responsive health programs, training school staff on emergency response protocols, and improving student attendance rates through proactive wellness initiatives and early intervention*

## PROFESSIONAL EXPERIENCE

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### Henrico County Health Department, Richmond, VA

*June 2021 – Present*

#### Community Health Nurse

- Served as lead nurse for school-based health clinics across 8 elementary and middle schools, providing direct care, health screenings, and immunization compliance reviews for a combined population of 3,200+ students
- Developed and delivered culturally sensitive health education workshops on puberty, nutrition, and hygiene to over 40 fifth-grade classrooms annually, receiving a 96% positive feedback rating from teachers and parents
- Coordinated annual vaccination clinics serving 750+ underserved families per year, partnering with school administrators and parent-teacher organizations to maximize participation and reduce barriers to access
- Created individualized emergency action plans for 85 students with chronic conditions including Type 1 diabetes, epilepsy, and severe food allergies, and trained 120+ teachers and aides on plan execution
- Managed communicable disease outbreak response for three schools during a norovirus event, implementing containment protocols that limited spread to under 4% of the student body and maintained instructional continuity
- Collaborated with school psychologists and social workers on crisis intervention teams, providing mental health first aid and appropriate referrals for students exhibiting signs of anxiety, depression, or abuse
- Maintained meticulous electronic health records in compliance with FERPA and HIPAA, ensuring confidentiality while facilitating seamless communication with parents and pediatricians

### Children's Hospital of Richmond at VCU, Richmond, VA

*August 2017 – May 2021*

#### Pediatric Registered Nurse

- Provided direct patient care to an average daily census of 6–8 pediatric patients (ages 2–17) on a 32-bed medical-surgical unit, managing conditions including asthma exacerbations, diabetic ketoacidosis, post-surgical recovery, and infectious disease
- Served as unit liaison between medical teams and families, translating complex care plans into understandable language for parents and caregivers, resulting in a 30% improvement in discharge instruction comprehension scores
- Developed and piloted an age-appropriate asthma self-management education program for patients ages 8–14, contributing to a 40% reduction in 30-day readmission rates for participating patients
- Trained and mentored 4 new graduate nurses annually on pediatric assessment techniques, medication administration for pediatric dosing, and de-escalation strategies for anxious young patients
- Managed multiple simultaneous emergencies during high-acuity shifts, consistently demonstrating calm, autonomous clinical judgment and effective triage prioritization
- Collaborated with child life specialists and social workers to support holistic patient well-being, including coordinating school re-entry plans for students with extended hospitalizations

## EDUCATION

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### Virginia Commonwealth University, School of Nursing

*May 2017*

Bachelor of Science in Nursing (BSN)

- Relevant Coursework: Pediatric Nursing, Community and Public Health Nursing, Developmental Psychology, Family Health Nursing, Epidemiology
- Clinical Rotation: Children's Hospital of Richmond Pediatric Unit (160 hours); Henrico County Public Schools Health Services Practicum (80 hours)
- Senior Capstone Project: "Improving Asthma Outcomes in School-Age Children Through Nurse-Led Education"

## LICENSES AND CERTIFICATIONS

### Active Registered Nurse (RN) License

*Expires: 06/2026*

Virginia Board of Nursing, License #RN-2017-048231

### National Certified School Nurse (NCSN)

*Earned: 2022*

National Board for Certification of School Nurses

### Virginia School Health Services Credential

*Current*

Virginia Department of Education

### CPR/BLS Certification

*Current through 03/2026*

American Heart Association

### Mental Health First Aid Certified

*Earned: 2023*

National Council for Mental Wellbeing

### Diabetes Management in the School Setting

*Completed: 2022*

National Association of School Nurses

### Mandated Reporter Training

*Current*

Commonwealth of Virginia

## SKILLS

### Clinical Competencies

- Pediatric health assessment and triage
- Emergency response and first aid (anaphylaxis, seizures, asthma attacks)
- Chronic disease management (diabetes, asthma, epilepsy, severe allergies)
- Medication administration and delegation to unlicensed personnel
- Vision, hearing, and scoliosis screening
- Immunization compliance review and administration
- Communicable disease identification and outbreak management
- Individualized Healthcare Plan (IHP) and Emergency Action Plan (EAP) development

### Educational Environment Skills

- IEP/504 plan collaboration and health-related accommodation development
- Age-appropriate health education curriculum delivery (K-8)
- FERPA, HIPAA, and IDEA compliance in school settings
- Crisis intervention and mental health first aid for students
- Training non-medical staff on emergency protocols and medication administration
- Culturally responsive health communication with diverse families
- Parent and caregiver health counseling and resource referral
- Electronic health records management (SNAP Health Center, PowerSchool)
- Substitute nurse coverage planning and health office procedure documentation

## AWARDS AND RECOGNITION

### Excellence in Pediatric Patient Education Award

*2020*

Children's Hospital of Richmond

- Recognized for developing an age-appropriate asthma self-management program that contributed to a 40% reduction in 30-day readmission rates among school-age patients

### Community Health Champion Award

*2023*

## Henrico County Health Department

- Honored for designing and implementing school-based vaccination clinics serving 750+ underserved families annually across 8 school sites

## PUBLICATIONS AND PRESENTATIONS

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### Publications

- "Building Allergy-Aware Classrooms: A Practical Guide for Teachers and Staff" – Contributing Author, Henrico County Public Schools Health Services Manual, 2023
- "A Parent's Guide to Managing Your Child's Asthma During the School Day" – School Health Connection Newsletter, Fall 2022

### Presentations

- "Recognizing Signs of Anxiety and Depression in Elementary Students" – Workshop for Henrico County Teachers and Staff, March 2023 (Audience: 85 educators)
- "Food Allergy Safety in Schools: What Every Parent Should Know" – PTA Health Night, Tuckahoe Elementary School, October 2022 (Audience: 120 parents)

## PROFESSIONAL AFFILIATIONS

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### National Association of School Nurses (NASN)

2021

Member since 2021

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### Virginia Association of School Nurses (VASN)

2021

Member since 2021

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### American Nurses Association (ANA)

2017

Member since 2017