



## Cordelia Ashworth

*School Counselor*

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- Licensed School Counselor with 4+ years of experience supporting students across K-12 developmental stages through individual counseling, crisis intervention, and comprehensive guidance programs
- Proven track record of improving student outcomes including 25% increase in college enrollment rates and 40% reduction in disciplinary referrals through innovative prevention programs
- Expertise in serving diverse populations including first-generation college students, English Language Learners, and students experiencing trauma or mental health challenges
- Strong collaborative approach with teachers, administrators, families, and community partners to create comprehensive support systems for student success

### EDUCATION

#### University of Colorado Denver

2020

Master of Arts in School Counseling (CACREP Accredited)

- Concentration: K-12 School Counseling
- GPA: 3.9/4.0
- Relevant Coursework: Crisis Intervention, College & Career Readiness, Multicultural Counseling, Group Counseling, Assessment and Appraisal

#### Colorado State University

2018

Bachelor of Science in Psychology

- Minor: Human Development and Family Studies
- Magna Cum Laude, GPA: 3.8/4.0

### LICENSES & CERTIFICATIONS

#### Licensed School Counselor (K-12)

2020

Colorado Department of Education

#### National Certified School Counselor (NCSC)

2021

NBCC

#### Youth Mental Health First Aid Certified

2023

#### Suicide Risk Assessment and Prevention Training

2022

#### Trauma-Informed Care Certification

2021

### WORK EXPERIENCE

#### Roosevelt High School, Denver Public Schools

August 2021 - Present

## School Counselor

- Provide comprehensive counseling services to caseload of 280 students in grades 9–12, focusing on academic planning, career exploration, and social-emotional support
- Increased FAFSA completion rates from 52% to 78% through implementation of systematic college readiness program including family workshops and individualized application support
- Developed and facilitated peer mediation program that reduced disciplinary referrals by 35% and improved school climate scores
- Collaborated with teachers to identify and support 45+ at-risk students through early intervention strategies, resulting in 20% improvement in course completion rates
- Led crisis intervention responses for students experiencing mental health emergencies, conducting risk assessments and coordinating with families and community mental health providers
- Facilitated weekly group counseling sessions addressing anxiety, grief, and social skills development for 60+ students annually

## Lincoln Middle School, Jefferson County Schools

August 2019 – May 2020

### School Counseling Intern

- Completed 600-hour internship providing individual and group counseling to students in grades 6–8 under supervision of licensed school counselor
- Delivered age-appropriate classroom guidance lessons on topics including bullying prevention, study skills, and emotional regulation to 400+ students
- Assisted with 504 Plan development and implementation for students with disabilities, ensuring appropriate accommodations and supports
- Conducted parent conferences and collaborated with multidisciplinary team including school psychologist, social worker, and special education staff
- Created resource materials for teachers on recognizing signs of student distress and appropriate referral procedures

## Mountain View Community Center

June 2018 – July 2019

### Youth Program Coordinator

- Supervised after-school and summer programs serving 75+ at-risk youth ages 10–17, providing academic support and social-emotional learning opportunities
- Implemented evidence-based prevention programs addressing substance abuse, violence prevention, and healthy relationships
- Maintained detailed case notes and progress reports for participants, coordinating with school counselors and family members as needed
- Recruited and trained 15 volunteer mentors, creating sustainable support network for program participants
- Secured \$12,000 in grant funding for expanded programming through successful proposal writing to local foundations

## KEY SKILLS

### Counseling and Intervention Skills

- Individual and group counseling across developmental stages
- Crisis intervention and suicide risk assessment
- Trauma-informed counseling approaches
- Conflict resolution and peer mediation
- Behavioral intervention planning and implementation

### Academic and Career Development

- College and career readiness programming
- Academic planning and course selection guidance
- Standardized test interpretation and planning
- Scholarship and financial aid counseling
- Career assessment and exploration facilitation

### Collaboration and Systems

- 504 Plan and IEP development and implementation
- Multidisciplinary team collaboration
- Parent and family engagement strategies
- Community resource coordination and referral
- Data analysis for student outcome tracking

### Technology and Assessment

- Student Information Systems (PowerSchool, Infinite Campus)
- Career assessment platforms (Naviance, COIN)
- Virtual counseling platforms and tools
- Microsoft Office Suite and Google Workspace
- Data visualization and reporting tools

## AWARDS & RECOGNITION

### Rising Star Award

2023

Colorado School Counselor Association

- Selected from 50+ early-career counselors for innovative college access programming
- Program model adopted by 8 schools across the district

### Excellence in Student Support Award

2022

Denver Public Schools

- Recognized for developing comprehensive mental health awareness campaign
- Initiative reached 1,200+ students and families with preventive resources

## PUBLICATIONS & PRESENTATIONS

### Building College-Going Culture in Title I High Schools: A Systematic Approach

Fall 2023

Colorado School Counselor Association Newsletter

### Supporting Student Mental Health: Practical Strategies for School Counselors

March 2023

Rocky Mountain School Counseling Conference

- Selected from 150+ proposals for breakout session presentation
- Materials requested by 40+ attendees for implementation in their schools

## GRANTS & FUNDED INITIATIVES

### Mental Health Awareness Grant

2023

Colorado Department of Education

- Secured \$18,000 for comprehensive wellness programming
- Served 450+ students with preventive mental health workshops and resources

### College Access Initiative Grant

2022

Denver Education Foundation

- Awarded \$8,500 to establish college visit program for first-generation students
- Enabled 65 students to visit 6 universities, with 85% subsequently applying to four-year colleges

## PROFESSIONAL DEVELOPMENT

<b>Advanced Crisis Intervention Training</b>	2023
Colorado Crisis Services	
<b>Culturally Responsive Counseling Practices Workshop</b>	2023
<b>LGBTQ+ Affirming Practices in Schools Training</b>	2022
<b>Restorative Justice in Educational Settings Certificate Program</b>	2022
<b>Annual Colorado School Counselor Association Conference</b>	2020-2023