

Nathan Rodriguez

Licensed Physical Therapist

Phone: (555) 234-5678

Address: 1247 Wellness Drive, Austin, TX 78704

Website: <https://linkedin.com/in/nathanrodriguezpt>

Email: nrodriguez.pt@email.com

- *Licensed Physical Therapist with 4 years of progressive experience in outpatient orthopedic and sports medicine settings*
- *Specialized expertise in manual therapy techniques and post-surgical rehabilitation with proven track record of 96% patient satisfaction scores*
- *Certified in dry needling and McKenzie Method with demonstrated ability to manage caseloads of 15+ patients daily while maintaining quality care standards*
- *Bilingual English/Spanish speaker with strong interdisciplinary collaboration skills and commitment to evidence-based practice*

PROFESSIONAL LICENSURE & CERTIFICATIONS

Licensed Physical Therapist - Texas

Current through 2025

Texas State Board

Licensed Physical Therapist - New Mexico

Current through 2025

New Mexico State Board

Dry Needling Certification

2022

American Academy of Manipulative Therapy

McKenzie Method Certified (Cert. MDT)

2023

McKenzie Institute International

BLS/CPR Certified

Current through 2024

American Heart Association

APTA Member in Good Standing

2020-Present

American Physical Therapy Association

PROFESSIONAL EXPERIENCE

Elite Sports Rehabilitation Center

March 2022 - Present

Senior Physical Therapist

- Manage diverse caseload of 15-18 patients daily specializing in post-surgical orthopedic rehabilitation and sports injury recovery
- Achieved 96% patient satisfaction scores and 92% functional outcome improvement rates using evidence-based manual therapy techniques
- Developed innovative ACL rehabilitation protocol incorporating force plate technology, reducing average return-to-sport timeline by 3 weeks
- Mentor PT students during clinical rotations and conduct monthly in-service presentations on advanced manual therapy techniques
- Collaborate with orthopedic surgeons, athletic trainers, and massage therapists to optimize patient outcomes in multidisciplinary care model
- Implemented dry needling services generating \$45,000 additional annual revenue while improving chronic pain management outcomes

Comprehensive Rehabilitation Associates

June 2020 - March 2022

Staff Physical Therapist

- Provided comprehensive outpatient physical therapy services for orthopedic, neurological, and geriatric patient populations
- Maintained productivity standards of 85% while achieving 94% patient satisfaction scores and exceeding functional outcome

benchmarks

- Specialized in post-surgical rehabilitation for total joint replacements, achieving 90% of patients meeting discharge goals within expected timeframes
- Created patient education materials in English and Spanish, improving home exercise program compliance by 40%
- Participated in interdisciplinary team meetings and collaborated with physicians, occupational therapists, and social workers
- Completed comprehensive documentation using WebPT EMR system ensuring 100% compliance with insurance requirements

Regional Medical Center - Outpatient Rehabilitation

August 2019 - June 2020

Physical Therapist (New Graduate)

- Delivered evidence-based physical therapy interventions for diverse patient population in busy outpatient orthopedic clinic
- Successfully managed initial caseload of 12-14 patients daily while developing clinical reasoning and manual therapy skills
- Participated in quality improvement initiative that reduced patient wait times by 20% through improved scheduling protocols
- Completed mentorship program with senior PT, advancing from supervised to independent practice within 6 months
- Maintained detailed documentation and participated in insurance authorization processes with 98% approval rate

EDUCATION

University of Texas Health Science Center

Graduated: May 2019

Doctor of Physical Therapy (DPT)

CAPTE Accredited Program | GPA: 3.7/4.0

Relevant Coursework: Advanced Manual Therapy, Sports Medicine, Orthopedic Assessment, Neuroscience

Texas A&M University

Graduated: May 2016

Bachelor of Science in Kinesiology

Magna Cum Laude | GPA: 3.8/4.0

Concentration: Exercise Science and Biomechanics

CLINICAL ROTATIONS (DPT PROGRAM)

Outpatient Orthopedic Sports Medicine

Athletes' Performance Institute | Houston, TX | 12 weeks

- Treated Division I athletes and recreational sports participants with focus on return-to-sport protocols
- Gained experience with advanced diagnostic tools including force plates and movement analysis systems
- Completed independent research project on shoulder impingement in overhead athletes

Acute Care Hospital

Methodist Hospital | San Antonio, TX | 8 weeks

- Provided early mobilization and functional training for medically complex patients in ICU and general medical units
- Developed expertise in working with post-surgical patients including cardiac, orthopedic, and general surgery populations
- Collaborated with interdisciplinary team including physicians, nurses, occupational therapists, and case managers

CLINICAL SKILLS

- **Manual Therapy:** Certified in McKenzie Method (Cert. MDT), trained in Mulligan Concept and Maitland techniques
- **Specialized Interventions:** Dry needling certified (3 states), cupping therapy, kinesiology taping, instrument-assisted soft tissue mobilization
- **Assessment Tools:** Proficient in movement screens (FMS, SFMA), gait analysis, postural assessment, and functional outcome measures
- **Modalities:** Therapeutic ultrasound, electrical stimulation, laser therapy, mechanical traction
- **Technology:** WebPT, TherabillPT, BTE work simulator, AlterG anti-gravity treadmill, force plate systems

INTERPERSONAL & PROFESSIONAL SKILLS

Professional Skills

- **Patient Communication:** Fluent in Spanish and English, experienced in motivational interviewing techniques and pain neuroscience education
- **Interdisciplinary Collaboration:** Regular co-treatment sessions with occupational therapists, effective communication with referring physicians
- **Leadership:** Clinical mentor for PT students, developed and delivered continuing education presentations to clinical staff
- **Cultural Competency:** Experience serving diverse populations including Hispanic/Latino communities and elderly patients

- **Business Acumen:** Understanding of insurance authorization processes, productivity requirements, and outcome measurement

PROFESSIONAL RECOGNITION & CONTINUING EDUCATION

Excellence in Patient Care Award

2023

Elite Sports Rehabilitation Center

Summa Cum Laude Graduate

2016

Texas A&M University

Bachelor of Science in Kinesiology

Outstanding Clinical Performance

2019

Athletes' Performance Institute

Sports Medicine Rotation

PROFESSIONAL PRESENTATIONS

Advanced Manual Therapy Techniques for Shoulder Impingement

October 2023

Texas Physical Therapy Association Annual Conference, Dallas, TX

Audience: 200+ clinicians

Return-to-Sport Protocols Following ACL Reconstruction

2022-2023

Elite Sports Rehabilitation Monthly Grand Rounds

Ongoing series

Injury Prevention in Youth Soccer

Spring 2022

Austin Youth Soccer League Coach Education Series

Delivered to 150+ coaches and parents