

Rachel Torres

Licensed Optometrist

Phone: **(619) 555-7834**
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- Patient-focused optometrist with 4 years of experience in comprehensive eye care across retail and private practice settings, specializing in ocular disease management and specialty contact lens fittings
- Proven ability to deliver high-quality care in fast-paced environments, consistently managing 25-30 patients daily while maintaining 96% patient satisfaction scores and achieving 87% optical capture rates
- Strong clinical competencies in diabetic retinopathy screening, glaucoma management, dry eye disease treatment, and complex contact lens fittings including scleral and orthokeratology lenses
- Committed to evidence-based practice and patient education, with emphasis on building long-term patient relationships and comprehensive medical eye care

PROFESSIONAL EXPERIENCE

VisionFirst Eyecare Group

June 2022 - Present

Associate Optometrist

- Perform 25-30 comprehensive eye examinations daily in high-volume private practice setting, including detailed fundus evaluations, OCT imaging with Zeiss Cirrus system, and visual field testing for patients with glaucoma and diabetes
- Manage medical eye care for 200+ patients with chronic conditions including glaucoma, diabetic retinopathy, macular degeneration, and dry eye disease, coordinating ophthalmology referrals for 12-15 patients monthly requiring surgical intervention
- Fit specialty contact lenses for complex cases including keratoconus, post-LASIK patients, and high astigmatism, achieving 92% first-fit success rate with scleral and hybrid lens designs
- Prescribe and manage orthokeratology treatment for myopia control in 35+ pediatric patients aged 7-15, utilizing corneal topography mapping and implementing detailed overnight lens wear protocols
- Collaborate with optical team to achieve 87% capture rate through appropriate frame recommendations and lens material education, contributing to practice revenue growth of 18% year-over-year
- Provide pre- and post-operative co-management for 40+ cataract and LASIK patients annually, conducting thorough evaluations and patient education for optimal surgical outcomes

MyEyeDr.

July 2021 - May 2022

Staff Optometrist

- Delivered efficient, patient-centered eye care in corporate retail environment, consistently completing 28-32 comprehensive examinations daily while exceeding company productivity standards and maintaining 95% patient satisfaction scores
- Diagnosed and treated ocular conditions including conjunctivitis, anterior uveitis, corneal abrasions, and ocular allergies using therapeutic pharmaceutical agents, managing 60+ acute care visits monthly
- Utilized advanced diagnostic technology including Optos widefield retinal imaging, automated refraction systems, and digital fundus photography for comprehensive patient documentation
- Worked collaboratively with store management and optical staff to streamline patient flow, reduce wait times by 15%, and maintain seamless coordination between examination and optical dispensing
- Educated patients on contact lens care, myopia progression, and preventive eye health, resulting in strong patient retention and positive online reviews

Veterans Affairs Medical Center

January 2021 - April 2021

Clinical Extern, Ocular Disease

- Conducted comprehensive eye examinations for veteran population with high incidence of systemic disease, performing detailed diabetic retinopathy screening for 65+ patients with diabetes monthly
- Managed treatment protocols for ocular surface disease, glaucoma suspects, and anterior segment conditions under supervision of staff optometrists, gaining proficiency with therapeutic pharmaceutical agents and follow-up care coordination
- Utilized advanced diagnostic equipment including OCT, Humphrey visual field analyzer, pachymetry, and fundus photography for glaucoma evaluation and monitoring
- Participated in interdisciplinary care team meetings with ophthalmology, endocrinology, and primary care providers to coordinate comprehensive patient management

Costco Optical

September 2020 - December 2020

Clinical Extern, Primary Care & Contact Lenses

- Performed 20-25 comprehensive eye examinations daily in high-volume retail setting, including routine refractive exams and contact lens fittings for diverse patient demographics
- Fit soft contact lenses for spherical, toric, and multifocal prescriptions, achieving 88% first-fit success rate and providing detailed patient education on insertion, removal, and care protocols
- Identified and appropriately referred patients requiring medical evaluation or specialty care, demonstrating strong clinical judgment in differentiating routine from pathological presentations
- Gained experience with efficient examination workflows, electronic health record documentation in high-volume settings, and effective communication with optical dispensing teams

Children's Vision Center

May 2020 - August 2020

Clinical Extern, Pediatric Optometry

- Conducted pediatric eye examinations for patients aged 6 months to 18 years, including infant vision assessments, school-age refractive evaluations, and binocular vision testing
- Performed vision therapy sessions for patients with convergence insufficiency, accommodative dysfunction, and amblyopia, implementing individualized treatment plans under clinical supervision
- Educated parents on childhood myopia progression, amblyopia treatment compliance, and appropriate visual development milestones
- Developed skills in pediatric examination techniques including retinoscopy, cover testing, and age-appropriate visual acuity assessment methods

EDUCATION

Southern California College of Optometry

Graduated: May 2021

Doctor of Optometry (O.D.)

GPA: 3.7/4.0

University of California, San Diego

Graduated: 2017

Bachelor of Science in Biology

LICENSURE & CERTIFICATIONS

California Optometry License #OPT-47821

Active, expires 2026

California Board of Optometry

Arizona Optometry License #OPT-9234

Active, expires 2025

Arizona Board of Optometry

Therapeutic Pharmaceutical Agent (TPA) Certification

California & Arizona

Glaucoma Certification

California

CPR/BLS Certification

Current

American Heart Association

CLINICAL COMPETENCIES

Clinical Skills

Comprehensive Eye Examinations | Ocular Disease Diagnosis & Management | Diabetic Retinopathy Screening | Glaucoma Management | Dry Eye Disease Treatment | Specialty Contact Lens Fitting (Scleral, RGP, Hybrid, Orthokeratology) | Pediatric Eye Examinations | Binocular Vision Assessment | Pre/Post-Operative Co-Management (Cataract, LASIK) | Emergency Eye Care | Foreign Body Removal

Diagnostic Technology

OCT (Zeiss Cirrus, Heidelberg Spectralis) | Optos Widefield Retinal Imaging | Corneal Topography | Visual Field Testing (Humphrey) | Autorefraction | Fundus Photography | Pachymetry | Anterior Segment Imaging | Meibography

Practice Management Software

Eyefinity EHR | RevolutionEHR | Compulink Advantage | Crystal PM | Microsoft Office Suite

Specialized Areas

Myopia Management & Orthokeratology | Specialty Contact Lens Fitting | Ocular Disease Management | Diabetic Eye Care | Dry Eye Disease Treatment | Pediatric Optometry

PROFESSIONAL AFFILIATIONS

American Optometric Association (AOA)

Member since 2021

California Optometric Association

Member since 2021

American Academy of Optometry

Member since 2022

AWARDS & RECOGNITION

Clinical Excellence Award in Contact Lenses

2021

Southern California College of Optometry

Dean's List

2019-2021

Southern California College of Optometry

Beta Sigma Kappa Optometric Honor Society

2020

Southern California College of Optometry

Inducted