

Natalie Chen

Nursing Student

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- Dedicated third-year BSN student with over 350 clinical hours across medical-surgical, pediatric, and long-term care settings, demonstrating strong patient assessment, medication administration, and interdisciplinary collaboration skills
- Proven ability to provide compassionate, patient-centered care while maintaining strict adherence to safety protocols and infection control standards under RN supervision
- Effective communicator skilled in patient education, family support, and documentation in Epic and Cerner EHR systems
- Current BLS certification with hands-on experience in vital sign monitoring, wound care, catheter insertion, and IV therapy administration

EDUCATION

University of Washington School of Nursing

Expected May 2025

Bachelor of Science in Nursing (BSN)

University of Washington School of Nursing, Seattle, WA

Expected Graduation: May 2025

Current GPA: 3.7/4.0

Dean's List: Fall 2023, Spring 2024, Fall 2024

Relevant Coursework: Medical-Surgical Nursing, Pharmacology, Pathophysiology, Maternal-Child Health Nursing, Mental Health Nursing, Community Health Nursing, Nursing Research and Evidence-Based Practice

Academic Honors:

- Sigma Theta Tau International Honor Society of Nursing, Inductee (2024)
- Clinical Excellence Award, Medical-Surgical Nursing Rotation (Fall 2024)
- Helen J. Schmidt Nursing Scholarship Recipient (2024)

CLINICAL EXPERIENCE

Harborview Medical Center

September 2024 –

Medical-Surgical Clinical Rotation

December 2024

- Provided direct patient care for 5-6 postoperative and acute medical patients per shift including comprehensive head-to-toe assessments,

SKILLS

Clinical Skills

- Vital sign assessment and documentation
- Medication administration (oral, subcutaneous, intramuscular, intravenous)
- Sterile and clean dressing changes
- Foley catheter insertion and maintenance
- Nasogastric tube insertion and care
- IV catheter insertion and IV therapy management
- Wound assessment and care
- Blood glucose monitoring
- Intake and output monitoring
- Physical assessment (head-to-toe)
- Patient hygiene and mobility assistance
- Oxygen therapy administration
- Sterile technique and infection control

Technical Skills

- Epic EHR (charting, medication administration, order review)
- Cerner PowerChart
- IV pump and PCA pump operation
- Telemetry monitoring (basic rhythm interpretation)
- Glucometers and automated vital sign equipment
- Medical terminology
- Dosage calculation and medication math
- Microsoft Office Suite (Word, Excel, PowerPoint)

Professional Competencies

- Patient-centered communication and therapeutic relationships
- Interdisciplinary collaboration and teamwork
- Critical thinking and clinical reasoning
- Time management and prioritization under

vital sign monitoring every 4 hours, and pain management interventions under RN supervision

- Administered oral, subcutaneous, intramuscular, and intravenous medications following strict medication safety protocols and double-check procedures with supervising nurse
- Performed wound assessments and sterile dressing changes for surgical incisions, pressure injuries, and diabetic ulcers while maintaining aseptic technique
- Documented patient assessments, interventions, and outcomes in Epic EHR system with attention to accuracy and completeness for interdisciplinary team communication
- Collaborated with physical therapists, dietitians, and case managers during daily interdisciplinary rounds to develop comprehensive discharge plans for complex patients

Seattle Children's Hospital

March 2024 – May

Pediatric Acute Care Clinical Rotation

2024

- Delivered age-appropriate nursing care to pediatric patients ages 2-16 with acute illnesses including respiratory infections, gastroenteritis, and post-surgical recovery
- Conducted developmental assessments and modified communication approaches based on child's age, cognitive level, and family dynamics
- Administered pediatric medication dosages using weight-based calculations and verified accuracy with preceptor prior to administration
- Educated parents and caregivers on home care instructions, medication administration techniques, and signs/symptoms requiring medical attention
- Utilized therapeutic play and distraction techniques to reduce anxiety during procedures such as IV insertion, blood draws, and dressing changes

Emerald Heights Skilled Nursing Facility

January 2024 –

February 2024

Long-Term Care Clinical Rotation

- Provided comprehensive care for 8-10 long-term care residents with chronic conditions including dementia, diabetes, COPD, and cardiovascular disease
- Performed medication administration, blood glucose monitoring, oxygen therapy management, and wound care for pressure ulcers following facility protocols
- Assisted residents with activities of daily living including bathing, grooming, toileting, and mobility while promoting independence and dignity
- Recognized and reported changes in resident condition including altered mental status, decreased appetite, and vital sign abnormalities to nursing staff
- Participated in care conferences with interdisciplinary team to review resident goals and modify care plans based on changing needs

pressure

- Cultural sensitivity and diversity awareness
- Patient and family education
- Patient advocacy
- Emotional resilience and self-care
- Attention to detail and accuracy
- Professional ethics and HIPAA confidentiality

University of Washington School of Nursing

September 2023 –
December 2023

Fundamentals and Skills Lab

- Demonstrated competency in foundational nursing skills including sterile technique, catheter insertion, nasogastric tube placement, wound care, and physical assessment through hands-on laboratory practice
- Participated in high-fidelity simulation scenarios involving patient deterioration, medication errors, and communication challenges with debriefing and performance feedback
- Achieved proficiency in vital sign assessment, intake/output monitoring, safe patient transfer techniques, and documentation standards

Cascade Ridge Assisted Living

June 2023 – Present

Certified Nursing Assistant

- Provide direct care for 10-12 assisted living residents per shift including assistance with ADLs, medication reminders, vital sign monitoring, and mobility support
- Monitor residents for changes in physical or mental status and promptly report concerns to nursing staff, contributing to early intervention for UTIs, falls, and behavioral changes
- Maintain accurate documentation of care provided, resident behaviors, and incident reports in facility EHR system
- Collaborate with RNs, LPNs, and interdisciplinary team members during shift report and care planning meetings to ensure continuity of care
- Demonstrate cultural sensitivity and person-centered care approaches with diverse resident population including those with dementia and end-of-life care needs

University of Washington Learning Center

September 2022 –
June 2023

Student Tutor, Anatomy and Physiology

- Provided one-on-one and small group tutoring for undergraduate students in Anatomy and Physiology courses, breaking down complex physiological concepts into understandable explanations
- Developed study guides, practice quizzes, and visual learning materials that improved student comprehension and exam performance

CERTIFICATIONS

Basic Life Support (BLS)

Valid through August
2025

American Heart Association

Certified Nursing Assistant (CNA)

Washington State Department of
Health

*Valid through
December 2025*

PUBLICATIONS AND PRESENTATIONS

Reducing Patient Falls in Acute Care Settings: A Literature Review

April 2024

Pacific Northwest Student Nursing
Research Conference

Poster presentation, Pacific Northwest Student Nursing Research
Conference, Portland, OR

Self-Care Strategies for Nursing Students: Preventing Burnout Before Licensure

Spring 2024

University of Washington Nursing
Student Journal

University of Washington Nursing Student Journal

PROFESSIONAL AFFILIATIONS

National Student Nurses' Association (NSNA)

2023-Present

Member

National Student Nurses' Association (NSNA), Member

University of Washington Nursing Student Association

2022-Present

Member

University of Washington Nursing Student Association, Member

Sigma Theta Tau International Honor Society of Nursing

2024-Present

Member

Sigma Theta Tau International Honor Society of Nursing, Member