

# Angelique Tostee

Email: [angtoast@gmail.com](mailto:angtoast@gmail.com)

## Cape Town Business Consultant

A project manager and business analyst residing in Cape Town, South Africa, Angelique Tostee possesses more than a decade of experience consulting in the retail, sports, and financial services sector. Angelique Tostee began her career as a consultant for a computer and several insurance firms before venturing toward the nonprofit sector to help a sports and social development organisation establish its business operations.

Away from work, she lives an active lifestyle and enjoys mountain biking and running. In fact, Ms. Tostee has completed three Ironman triathlons in South Africa and Australia as well as the Absa Cape Epic mountain bike race, which occurred over an eight-day period. Angelique Tostee also tackled the Atacama Desert Crossing, a gruelling multi-stage endurance event involving a seven-day trek across a Chilean desert. She completed the challenge, taking second place in the women's division and earning recognition in the publication Runners World for her achievement.

- [Angelique Tostee On Twitter](#)
- [Angelique Tostee's Wordpress Blog](#)
- [Angelique Tostee / Angel](#)
- [Angelique Tostee - Weebly](#)

<i>Experience</i>	<b>DVT</b> Business Analyst	2011 TO 2013
	<b>Old Mutual</b> Business Analyst	2000 TO 2002
	<b>songo.info</b> Project Manager	2010 TO 2013

<i>Education</i>	<b>Rustenberg Girls High School</b> Social Services	1991 TO 1994
------------------	--	--------------

<i>Skills</i>	Project Manager
---------------	-----------------