

# Quinn Ramirez

*EMT-Basic*

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- Newly certified EMT-Basic with 180+ hours of comprehensive training and 72 hours of hands-on clinical experience across emergency department and ambulance settings
- Completed clinical rotations at Level I Trauma Center, participating in assessment and treatment of 50+ patients presenting with diverse chief complaints including cardiac emergencies, trauma, respiratory distress, and behavioral health crises
- Demonstrated strong performance under pressure during high-acuity scenarios, maintaining composure and systematic assessment approach during pediatric seizure, multi-vehicle accident, and cardiac arrest responses
- Physically fit with no lifting restrictions, capable of performing demanding patient moves and prolonged CPR, with clean driving record and EVOC certification
- Available for full-time employment with no schedule restrictions including nights, weekends, holidays, and mandatory overtime as needed

## CERTIFICATIONS

### EMT-Basic Certification

February 2024 - February 2026

National Registry of Emergency Medical Technicians (NREMT)

### Licensed EMT - State of Colorado

March 2024 - March 2026

Colorado Department of Public Health and Environment

### BLS for Healthcare Providers

January 2024 - January 2026

American Heart Association

### PHTLS (Pre-Hospital Trauma Life Support)

March 2024 - March 2028

National Association of Emergency Medical Technicians

### Emergency Vehicle Operations Course (EVOC)

February 2024

Colorado State Patrol Training Academy

## CLINICAL EXPERIENCE

### EMT Clinical Rotation

November 2023 - January 2024

Denver Health Medical Center, Denver, CO

- Completed 48 hours of supervised clinical experience in Level I Trauma Center emergency department, participating in assessment and treatment of 50+ patients across diverse acuity levels and chief complaints
- Conducted primary and secondary assessments including vital signs, SAMPLE histories, and focused physical exams for patients presenting with chest pain, respiratory distress, abdominal pain, altered mental status, and traumatic injuries
- Assisted emergency department staff with patient positioning, splinting, wound care, oxygen administration, and continuous monitoring during treatment and stabilization
- Observed and participated in high-acuity cases including STEMI activation, pediatric seizure, multi-system trauma from motor vehicle accident, and successful cardiac arrest resuscitation
- Received commendation from clinical preceptor for thorough documentation, professional communication with patients and families, and ability to maintain composure during emotionally charged situations
- Demonstrated proper infection control procedures, equipment handling, and adherence to HIPAA regulations throughout clinical rotation

### EMT Field Rotation

December 2023 - January 2024

## Denver Paramedics Division, Denver, CO

- Completed 24 hours of supervised ambulance ride-alongs across urban 911 service area, participating in 18 emergency responses including medical, trauma, and behavioral health calls
- Assisted with patient assessment, vital signs acquisition, oxygen administration, hemorrhage control, and spinal immobilization under direct supervision of field preceptors
- Observed scene size-up procedures, multi-agency coordination with fire department and law enforcement, and communication protocols with receiving hospitals during patient handoff
- Participated in equipment checks, ambulance restocking, station maintenance, and cleaning procedures between calls, gaining understanding of full scope of EMT operational responsibilities
- Demonstrated ability to function effectively in back of moving ambulance during patient transport, maintaining patient monitoring and documentation while en route to hospital
- Received positive feedback from field training officer regarding situational awareness, willingness to learn, and appropriate recognition of personal skill limitations

## RELEVANT WORK EXPERIENCE

### Sunrise Senior Living, Lakewood, CO

June 2021 - October 2023

#### Certified Nursing Assistant

- Provided direct patient care for 12-15 residents per shift in 120-bed assisted living and memory care facility, including vital signs monitoring, medication reminders, mobility assistance, and activities of daily living support
- Performed safe patient transfers using proper body mechanics and assistive devices, preventing injury to patients and staff while maintaining dignity and comfort
- Recognized and reported changes in patient condition to nursing staff, including altered mental status, respiratory distress, falls, and skin integrity concerns, facilitating early intervention
- Maintained detailed documentation of care provided, patient responses, and incident reports in electronic health record system with 100% compliance with facility standards
- Worked rotating shifts including nights, weekends, and holidays with 98% attendance record over two-year period, demonstrating reliability and commitment
- De-escalated agitated residents with dementia and behavioral health conditions using verbal redirection and therapeutic communication techniques, maintaining safe environment for all residents
- Collaborated effectively with interdisciplinary team including nurses, physical therapists, social workers, and dietary staff to coordinate comprehensive patient care

### Evergreen Fire Protection District, Evergreen, CO

March 2023 - Present

#### Volunteer Firefighter (Probationary Member)

- Respond to fire, rescue, and medical emergency calls as non-certified support personnel, assisting with scene safety, equipment staging, and patient care support under supervision of certified personnel
- Completed 40 hours of basic firefighter training including hazardous materials awareness, vehicle extrication fundamentals, wildland fire behavior, and incident command system
- Maintain station readiness through equipment checks, apparatus cleaning, facility maintenance, and inventory management during scheduled volunteer shifts
- Participated in 25+ emergency responses including structure fires, vehicle accidents, wilderness rescues, and medical emergencies in challenging mountain terrain
- Demonstrate commitment to emergency services through consistent attendance at training sessions, volunteer shifts, and community education events

## EDUCATION

### Red Rocks Community College, Lakewood, CO

Completed: January 2024

#### Emergency Medical Technician Program

- 180 hours of didactic instruction covering patient assessment, airway management, medical emergencies, trauma care, special populations, and EMS operations
- 48 hours of emergency department clinical rotations at Denver Health Medical Center
- 24 hours of ambulance field rotations with Denver Paramedics Division
- Achieved 96.5% overall academic average with perfect practical skills examination scores

## Emily Griffith Technical College, Denver, CO

Completed: May 2021

Certified Nursing Assistant Program

## Mountain Vista High School, Highlands Ranch, CO

Graduated: May 2020

High School Diploma

### SKILLS

#### Clinical Skills

- Comprehensive patient assessment including primary survey, secondary assessment, vital signs, SAMPLE history, and OPQRST pain assessment
- Airway management including manual maneuvers, oropharyngeal and nasopharyngeal airways, bag-valve-mask ventilation, and suctioning
- Oxygen administration via nasal cannula, non-rebreather mask, and bag-valve-mask device with appropriate liter flow titration
- Hemorrhage control including direct pressure, pressure dressings, tourniquet application, and hemostatic agent use
- Spinal motion restriction assessment and application of cervical collars and long backboards when indicated
- Splinting of extremity injuries using rigid, soft, traction, and improvised splinting techniques
- Cardiac emergency recognition and management including CPR, AED operation, and assisting with nitroglycerin and aspirin administration
- Blood glucose assessment and management of diabetic emergencies
- Obstetric emergency care including childbirth assistance and neonatal resuscitation

#### Technical Proficiencies

- ZOLL X-Series monitor/defibrillator operation including manual defibrillation, cardioversion, pacing, and 12-lead EKG acquisition
- Mechanical CPR devices including LUCAS device setup and operation
- Glucometry using multiple device platforms
- Electronic patient care reporting systems with experience in ImageTrend documentation platform
- Medical equipment maintenance and ambulance inventory management

#### Additional Qualifications

- Valid Colorado driver's license with clean driving record (zero violations, zero accidents)
- Emergency Vehicle Operations Course (EVOC) certified
- Conversational Spanish language skills for basic patient communication and history taking
- Physical fitness with no lifting restrictions, capable of carrying 50+ pounds over varied terrain
- Comfortable working 12-hour and 24-hour shifts with irregular schedule including nights, weekends, and holidays
- Strong de-escalation and crisis communication skills developed through CNA work with dementia and behavioral health populations

### PROFESSIONAL DEVELOPMENT

#### Continuing Medical Education

2024

16 hours completed

- "Pediatric Assessment and Emergency Care" - Colorado EMS Conference, March 2024 (8 hours)
- "Opioid Overdose Recognition and Naloxone Administration" - Online continuing education, February 2024 (4 hours)
- "Behavioral Health Emergencies and De-escalation Techniques" - Red Rocks Community College, January 2024 (4 hours)

#### Professional Memberships

2024

- National Association of Emergency Medical Technicians (NAEMT), Member since February 2024
- Colorado Association of EMTs and Paramedics, Student Member 2023-2024

### AWARDS AND RECOGNITION

## **Outstanding Student Award**

January 2024

Red Rocks Community College EMT Program

- Recognized for highest combined academic and practical skills scores (96.5% overall) in graduating cohort of 28 students
- Selected by program faculty for demonstrated clinical excellence, professionalism, and peer leadership

## **Clinical Excellence Recognition**

January 2024

Denver Health Medical Center Emergency Department

- Received written commendation from clinical preceptor for exceptional patient care, thorough assessment skills, and professional communication during clinical rotation

## **Perfect Attendance Award**

January 2024

Red Rocks Community College EMT Program

- Completed 180 hours of classroom instruction and 72 hours of clinical rotations with zero absences
- Demonstrated reliability and commitment essential for emergency services profession