

Isabella Martinez

Certified Caregiver | Senior Care Specialist

CONTACT INFO

Phone:	(720) 912-3456
Address:	Denver, CO
LinkedIn:	linkedin.com/in/isabella-martinez-caregiver
Email:	isabella.martinez@caremail.com

Dedicated and compassionate caregiver with over 7 years of experience serving elderly clients in private homes and established care facilities. Skilled in developing personalized care plans and engaging in therapeutic activities. A proven record of establishing trust and rapport with clients and their families. Renowned for optimizing quality of life and championing dignity in care.

EXPERIENCE

ComfortCare Home Health, Denver, CO

JULY 2018 - PRESENT

Certified Caregiver

- Personalized and executed daily care plans for 12+ clients, considering unique medical and emotional needs.
- Successfully managed medication regimens, reducing missed doses by 98%.
- Organized therapeutic activities, enhancing clients' cognitive functions and emotional well-being.
- Established open communication channels with family members, updating them regularly about health, mood, and treatment progress.

Silver Springs Assisted Living, Denver, CO

APRIL 2014 - JUNE 2018

Senior Care Specialist

- Coordinated with a team of health professionals to provide holistic care to 20+ residents.
- Developed and led group therapy sessions focusing on mobility, balance, and cognitive health.
- Spearheaded a resident buddy system, enhancing community connection and reducing feelings of isolation.
- Managed emergency situations effectively, resulting in zero injury cases during tenure.

EDUCATION

Colorado School of Nursing, Denver, CO

2013

Certified Nursing Assistant (CNA)

University of Colorado Denver, Denver, CO

2012

Bachelor's Degree in Gerontology

SKILLS

- Advanced Patient Care Techniques
- CPR & Emergency Response
- Dietary Planning & Special Diet Adherence
- Emotional Support & Therapeutic Communication
- Medication Administration
- Multilingual Communication (English & Spanish)
- Strength in Physiotherapy Assistance

CERTIFICATIONS

- Specialized Dementia Care Certification, 2017
- Advanced Certified Home Health Aide (ACHHA), 2014

PROFESSIONAL AFFILIATIONS

- Active Member, National Association for Home Care & Hospice (NAHC)
- Steering Committee, Colorado Caregivers Association

LANGUAGES

English (Fluent), Spanish (Fluent)

HOBBIES & INTERESTS

- Volunteering at St. Peter's Senior Community Center
- Leading weekly yoga sessions for the elderly
- Organizing community wellness fairs