

rightcheckin 5

can you take food through airport security

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Hello, can you take food through airport security? Solid foods like sandwiches, fruits, and snacks are allowed through airport security. But liquid or gel-based products, such as sauces, yogurt, or soups, have to adhere to the 3.4-ounce (100 ml) liquid guideline. To ensure compliance, always verify the relevant airport standards.