

# Sandra Schiff

## Executive Consultant and Coach

An executive coach based in Michigan, Dr. Sandra Schiff is the current president of Health Mate, Inc., in West Bloomfield. Dr. Sandra Schiff offers a number of executive and leadership coaching services designed to help clients develop their businesses in a diverse array of industries.

**Address:** West Bloomfield Township,  
Michigan

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In addition to providing Prevention of Workplace Violence Training and Diversity Training to staff members, Dr. Schiff works closely with staff to develop marketing materials and conducts personality assessments to facilitate communication among team members. She organizes team development events, creates Lunch and Learn programs for clients, and serves as a trainer and motivational speaker at national conferences.

Dr. Sandra Schiff holds a PhD in geropsychology and organizational development from the Union Institute & College (now Union Institute & University). She received a master of social work and a bachelor of arts in sociology and psychology from Wayne State University. A longtime member of the International Coaching Federation, she additionally serves on the Farber Soul Center Committee which is part of the Friendship Circle.

### EXPERIENCE

Health Mate, Inc.  
President

1999 TO PRESENT

### EDUCATION

Union Institute & University  
Ph.D. in Geropsychology and Organizational  
Development

1994 TO 1996

Wayne State University  
Master of Social Work

1981

Wayne State University  
BA in Sociology and Psychology

1979

### SKILLS

President